

## **HAVILA ADVENTURES**

Excursion Program 21/22

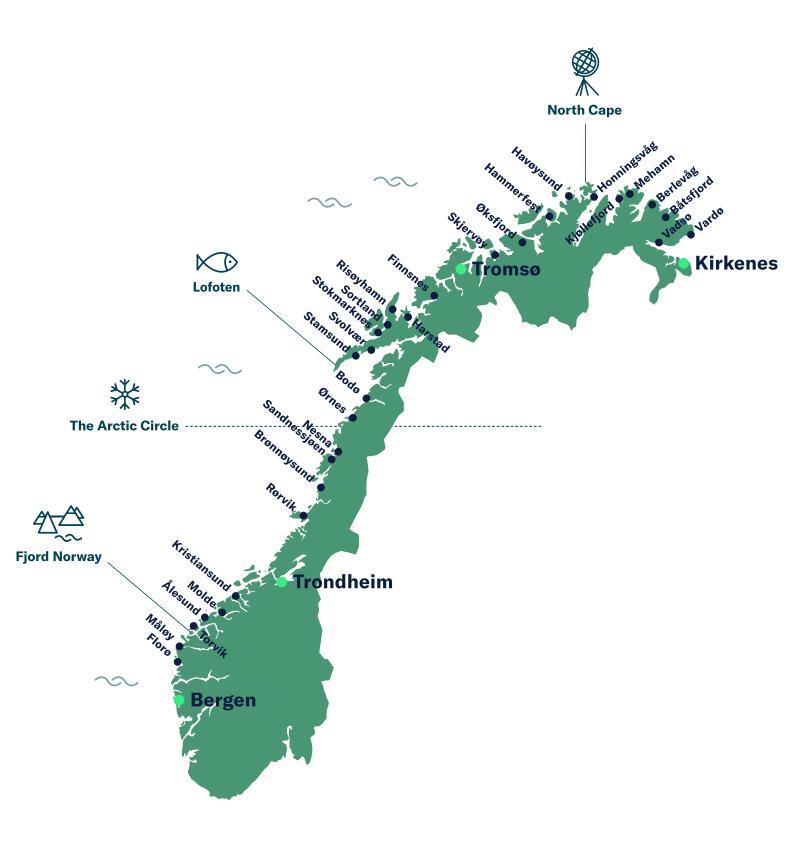




# ENHANCE YOUR VOYAGE WITH COASTAL EXCURSIONS

Experience the highlights of the Norwegian coast through our varied excursion program. Whether you want to see the northern lights from a snowmobile or eat self-caught king crab after a night of midnight sun, you can have the voyage of your dreams with us.

We invite you to excursions where you get to experience mountains and fjords and get up close to the seasons and changing weather. We take you out into nature with locally expert guides, offer real experiences and taste local food at its source.



### PRACTICAL INFORMATION

#### SAFETY AND CANCELLATIONS

Travelling with Havila Voyages gives you the opportunity to encounter and enjoy Norwegian nature. Therefore, many of the excursions you can choose from are outdoors and often in the spectacular but untamed and rugged coastal landscape and its surrounding waters.

In addition to its beauty, the Norwegian coast is also known for having a lot of weather. You can experience four seasons in one day, and occasionally the weather can be unsuitable for the operation of excursions.

Our priority is always the safety and comfort of our guests, and if local conditions mean that we must cancel any excursion then of course the cost will be refunded.

### HOLIDAY

There are also a few days a year when it is likely many excursions will not operate: Christmas Eve (24 Dec), New Year's Day (1 Jan) And Norway's National Day (17 May). Your journey and experience onboard will instead reflect these special anniversaries and in some ports, we will look to arrange alternative excursions, but they will only be available for sale onboard.

#### NUMBERS OF PARTICIPANTS

If there are not enough participants for an excursion to run, it may be cancelled. The minimum number of participants is stated on each excursion.

### **GUIDING AND LANGUAGES**

All excursions with Havila Voyages offer multilingual guides.

Unless otherwise specified on the excursion, guides will provide information in Norwegian, English and German. Other languages on request.

### **ACCESSIBILITY**

We try and ensure our excursions are accessible for as many passengers as possible. However there may be some restrictions. Therefore, we will evaluate each excursion based on a case by case basis for each guest if you have any mobility issues or individual requirements. Please contact us in advance, and we'll help to customise an optimal voyage for you along the Norwegian coast.



**SPRING** 



SUMMER



AUTUMN



WINTER

### Physical level of our excursions

#### LEVEL 1

#### Suitable for everyone\*

Excursions at this level are undemanding, and you are often transported in vehicles.

### LEVEL 2

#### Suitable for most people

Moderate physical activity that suits most people. Involves easy terrain without major challenges.

#### LEVEL 3

#### Average physical condition

Uneven and steep terrain may occur, and it may be necessary to bring equipment and similar items that you have to carry yourself. This excursion is not suitable for people with limited mobility. When driving vehicles such as snowmobiles, sleds and ATVs, you must have normal vision and hearing. A certain level of mobility and and ability to react are also required.

<sup>\*</sup>Read more about Acessibility above

### **BERGEN**

### Pre and post round voyage excursions



### NORWAY IN A NUTSHELL

This tour takes you through some of Norway's most iconic experiences, a beautiful train journey, the breathtaking Flåm Railway and a cruise on the UNESCO-protected Nærøyfjord.

Time: 08:30-17:56

Level: 1

Season: All year round Min/max persons: 1/240

Code: BGOB3

The Flåm Railway has been described as one of the most beautiful train journeys in the world-and is also one of the steepest. You start at sea level and within an hour, you will have travelled through 20 tunnels, past many viewpoints and photo stops in the narrow valley and end up at 867 metres above sea level.

On its way to the top, the road winds its way up 13 sharp hairpin bends, while the large waterfalls come thundering straight down the shortest route. This day tour is beautiful, picturesque and encapsulates Norway.





### EXPERIENCE BERGEN BY SAILBOAT

The captain of the sailboat takes you through the lively harbor with a view of several of Bergen's most famous sights.

<u>Time: Winter, 10 Oct - 14 May: 12:00-14:00</u> <u>Time: Summer, 15 May - 31 Sep: 13:00-15:00</u>

Level: 2

Season: All year round Min/max persons: 1 - 12

Code: BGOB2





## ÅLESUND

### Day 2 - The day of adventures

Top seller!

### ATLANTERHAVSPARKEN AQUARIUM

By bus to one of Northern Europe's largest saltwater aquariums and photo stop at the famous viewpoint Aksla in Ålesund. Can be coombined with AESN5.

<u>Port: Ålesund</u> <u>Time: 10:00 - 13:15</u>

Level: 1

Season: 2 Nov - 1 Jun Code: AESN3



### ART NOUVEAU WALK

Guided walk trough Ålesund with its unique jugend architecture. Can be coombined with AESN5.

Port: Ålesund Time: 10:30-12:30

Level: 1

Season: 1 Nov - 31 May

Code: AESN4



### KAYAKING IN ÅLESUND

Kayak tour with guide where you experience Ålesund's famous architecture and active boat life. Can be coombined with AESN5.

Port: Ålesund Time: 10:15 -13:00

Level: 3

Season: 1 Nov - 31 May Min/max persons: 6 -20

Code: AESN2





### FISHING ADVENTURE IN ÅLESUND

Join us for winter fishing at sea! Afterwards, you will be able to eat the fresh fish on board Havila ship – prepare yourself for your best fish meal ever!

Port: Ålesund Time: 14.30 – 18:00

Level: 2

Season: 1 Nov- 31 May Min/max persons: 5 -10

Code: AESN5

On this excursion you get to take part in fishing from the fjord – and to the table. You will board a modern fishing boat, out on the water we will pull traps and fish with fishing rods. What you get depends on the season, but it will still be your best catch of the day. And not only do you get to catch the seafood. When you return to the quay, the skipper will fillet the catch for you, and on board the Havila ship, the chefs will help you prepare a tasty fish meal at the outside grill at Deck 7. You can enjoy your dinner outdoor on the deck or in the main restaurant.

The excursion also gives you a taste of the local fishing history. Ålesund is located in Norway's largest fishing county, Møre og Romsdal. Eight times more fish are caught and produced than Norway's population cmeaning that fishing is Norway's second largest export industry after oil and gas.





### HIKE TO SUKKERTOPPEN

Hiking with a guide to the mountain Sukkertoppen with magnificent views of the sea, Ålesund and the alpine landscape. Can be coombined with AESN5.

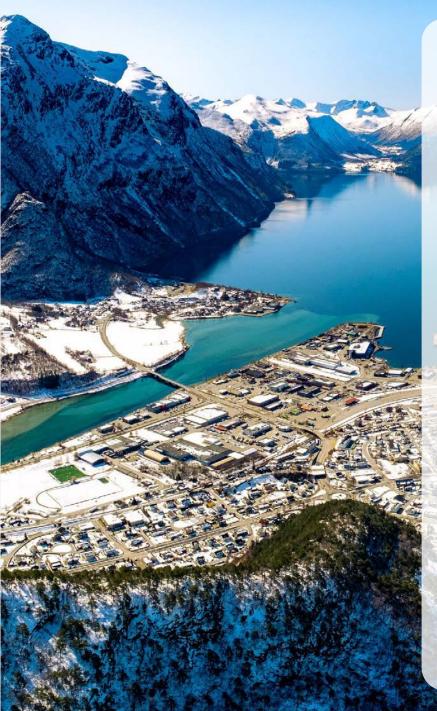
Code: AESN4

Time: 10:30-12:30

Level: 1

Season: 1 Nov - 31 May Min/max persons: 6-75





Unique excursion!

## THE MOUNTAINEERING CAPITAL OF NORWAY

See wild peaks with vertical mountain walls, learn about how humans conquered them and stand on a mountain peak, and take the new Romsdal gondola to eat lunch 700 m above sea level.

Disembakation/Embarkation: Ålesund

Time: 10:00 - 15:30

Level: 1

Season: 1 Nov - 19 Dec Min/max persons: 30 - 92

Code: AESN7

Romsdalen boasts steep, wild mountains that rise up to 1,500 m. Trollveggen, Europe's highest vertical, overhead rock face that extends to a height of 1,000 m is here, in addition to some of the world's most challenging climbing routes. The Romsdal Alps were the European birthplace of climbing and mountaineering in the late 1800s.

When you are in the visitor centre beneath the enormous Trollveggen, you might wonder how it is possible to climb such mountains. You will find this out in the film you are shown at Norsk Tindesenter. The architecture of Norsk Tindesenter is spectacular and mirrors the mountains around it. Exhibitions are held in the centre, and it also boasts the highest indoor climbing wall in Norway.

To round off the trip, take the Romsdal gondola to 700 m above sea level. You can go for a stroll there, find out more about scaling the peaks and hear stories about the mountains. Finally, there is lunch with magnificent views of the fjord and Alpine landscape.

















### **HJØRUNDFJORD\***

Day 2 -\*1 September - 31 October

## ON FOOT IN THE HEART OF RURAL NORWAY

2.5 kilometers guided walk through the small village with only 50 permanent residents.

Port: Hjørundfjorden Time: 12:30 – 14:00 Level: 2 (Read more) Season: 1 Sept- 31 Oct Min/max persons: 8 – 80

Code: URKN3





Unique excursion!

### E-BIKING IN NORANGSDALEN

Experience "The Queen's route" by electric bike, you cycle under majestic mountains, in the footsteps of royals and through an area ruled by natural forces.

Port: Hjørundfjorden Time: 12:30 – 15:30

Level: 2

Season: 1 Sept - 31 Oct Min/max persons: 6 - 20

Code: URKN2





Unique excursion!

## UNIQUE PADDLING EXPERIENCE HJØRUNDFJORD

The water flooded a hamlet, and now you can paddle over this settlement and see the hidden ruins through the glass bottom of the canoe.

Port: Hjørundfjorden Time: 12:30 – 15:00

Level: 2

Season: 1 Sept - 31 Oct Min/max persons: 8 - 20

Code: URKN1

A bus will take you from the Havila Voyages ship to the lake where you will paddle. There you will receive safety instructions and all the equipment needed. The glass canoes are stable and make the experience suitable for all levels of ability.

This trip will allow you in an unique way to visit to an area of historical interest. In 1908, a landslide tumbled down the steep mountain sides in Norangsdalen.

This landslide blocked the valley and dammed the river. The water flooded a hamlet, and now you can paddle over this settlement and see the walls of the old farmhouses, the road, a bridge and the old gate through the glass bottom of the canoe. The place is popular for divers, and with a glass kayak you get to take part in this unique underwater world.





### HIKE TO A TRADITIONAL MOUNTAIN FARM

A 6 kilometre guided hike up and into the mountains. Climbing to an height of 220 metres above sealevel with fantastic views.

Code: URKN4

Time: 12:30 - 15:30

Level: 3

Season: 1 Sept - 31 Oct Min/max persons: 8 - 60



### **TRONDHEIM**

Day 3



## TRONDHEIM AND NIDAROS BY VINTAGE TRAM

Trip by veteran tram through the city center and on by bus to the World Cup ski resort with ski jumps.

Time: 10:00 - 12:30

Level: 1-2 (not suitable for wheelchair users)

Season: 15 Sep - 15 May Min/max persons: 10 - 32

Code: TRDN4



### HISTORICAL CITY WALK IN TRONDHEIM

Hike through Trondheim's varied city center and history. Also with a visit inside Nidaros Cathedral.

Port: Trondheim Time: 10:00 - 12:30

Level: 2

Season: All year round Min/max persons: 12 - 240

Code: TRDN3



Top seller!

## TRONDHEIM AND THE NIDAROS CATHEDRAL

Tour bus through Trondheim city center and guided tour of Norway's national shrine

Port: Trondheim Time: 10:00 - 12:30

Level: 1

Season: All year round Min/max persons: 12 - 294

Code: TRDN1



### CITY CYCLING IN TRONDHEIM

Bicycle from the quay through the city center and past Nidaros Cathedral with a cafe stop and test of bicycle lift.

Port: Trondheim Time: 10:15 - 13:00

Level: 3

Season: 16 Mar - 31 Oct Min/max persons: 4 - 30

Code: TRDN2









### BODØ

Day 4

### SVARTISEN GLACIER

ORNES

Meet three of the giants of Norwegian nature; the moose, the mighty Svartisen Glacier and the world's strongest tidal current; Saltstraumen.

Disembakation: Ørnes, Embarkation: Bodø

Time: 10:15- 15:05

Level: 2

Season: Summer (4 Jun - 3 Sep) Min/max persons: 25-100

Code: ORSN1



### EXPERIENCE BODØ AND SALTSTRAUMEN

By coach travel from Bodø, the second largest town in the Arctic, and visit to the world's strongest tidal current, Saltstraumen.

Port: Bodø

Time: 13:20 - 15:10

Level: 1

Season: 16 Mar - 24 Nov Min/max persons: 12 - 96

Code: BOON2



### TASTE THE ARCTIC OUTDOOR

Living close to the naturen and the changing seasons is a part of life in the north. A walk on white beaches and experience the arctic outdoor.

Port: Bodø

Time: 13:20 - 15:10

Level: 2

Season: Year round Min/maks persons: 6 - 48

Code: BOON4





Top seller!

## RIB-SAFARI TO SALTSTRAUMEN AND THE SEA EAGLES

Go on a boat trip to Saltstraumen, one of the world's strongest maelstrom, and see the famous vortexes up close.

Port: Bodø

Time: 13:20 - 15:10

Level: 2

Season: 16 Mar - 24 Nov,

25 Nov - 16 Mar - sale on board on request

Min/max persons: 6 - 48

Code: BOON1

Experience Saltstraumen by RIB! Saltstraumen is one of the strongest tidal currents in the world, and may reach a speed of 20 knots. The narrow strait creates the distinctive vortexes, which can reach a diameter of 8 meters. The area has a diverse wildlife, and is a very popular destination for anglers across the world.

Bodø holds the largest population of sea eagles in the world, and you are very likely to encounter one of these majestic birds along your journey.





## **LOFOTEN - STAMSUND-SVOLVÆR**

Day 4



### FEAST WITH THE VIKING CHIEFTAIN

Join us on a visit to the home of the Viking chieftain in an 83-metre long house, and banquet in true Viking style.

Disembarkation port: Stamsund Embarkation port: Svolvær

Time: 19:30-22:00

Level: 1

Season: All year round Min/max persons: 15 - 100

Code: STUN2

During the bus ride from Stamsund to Borg and the Lofotr Viking Museum, you will be introduced to the Viking Age and learn more about the museum and how the Vikings lived so that you are prepared for an evening with the Vikings.

At the Lofotr Museum, they have built a full scale reconstruction of the house, 83 metres long and 9 metres high. You will be welcomed to the Viking banquet in the great hall of the Viking chieftain. Finds from the Viking Age are exhibited in the largest known long house, and it is decorated for a feast. You will meet Vikings in traditional costumes, there is singing and dancing and you will be served in true Viking style.





### MEET THE PEOPLE OF LOFOTEN

This popular excursion takes you through Lofoten's beautiful scenery, where you can meet the locals in the fishing villages and settlements.

<u>Disembarkation port: Stamsund</u> Embarkation port: Svolvær

Time: 19:30-22:00

Level: 1

Season: 16 Mar - 31 Oct Min/max persons: 12 - 240

Code: STUN1



## BREWERY VISIT AND BEER TASTING, NORTHBOUND

Stroll from the ship to the brewery where you get a tour and tastings of locally brewed beer.

Port: Stamsund Time: 21:30-22:05

Level: 1

Season: All year round Min/max persons: 4 - 40

Code: SVJN1





### **TROMSØ**

Day 5

Top seller!

### TROMSØ - CAPITAL OF THE ARCTIC

Walk through the center of Tromsø, visit the Polaria experience center and go up the mountain with a gondola.

Port: Tromsø Time: 14:30-18:00

Level: 1

Season: All year round Min/max persons: 15 - 336

Code: TOSN1



### SEA KAYAKING IN TROMSØ

Experience the arctic fjords you paddle along the coast with the wild mountains as a scenic background.

Port: Tromsø

Time: 14:30 - 18:00

Level: 2

Season: 1 Jun- 31 Aug Min/max persons: 2 - 16

Code: TOSN6





Popular adventure

### DOG SLEDDING AND HUSKIES

Sit back and enjoy the ride while the huskies have fun pulling you and the sled through the Arctic landscape.

Port: Tromsø Time: 14:30-18:00

Level: 2

Season: 1 Dec - 4 May Min/max persons: 2 - 48

Code: TOSN3



### WALKING THEATER IN TROMSØ

Local actors give guided tours and bring history to life. Hear stories about the Arctic fishing, polar expeditions and adventures.

Port: Tromsø Time: 14:30-15:30

Level: 1

Season: All year round Min/max persons: 8 - 44

Code: TOSN5



## VISIT HUSKIES IN THE WILDERNESS OF TROMSØ

Visit a wilderness centre with huskies, get up close with the animals and get an insight into the art of dog sledding.

Port: Tromsø Time: 14:30-18:00

Level: 1

Season: Summer autumn (18 May - 31 Oct)

Min/max persons: 10 - 32

Code: TOSN4





### REINDEER SLEDDING AND SAMI VISIT

Join a sleigh ride, take part in feeding the reindeer and visit the Sami in a gamme hut.

Port: Tromsø Time: 14:30-18:00

Level: 2

Season: 1 Nov - 30 Apr

Min/max persons: 10 - 130

Code: TOSN2



## HONNINGSVÅG



### THE NORTH CAPE PLATEAU ATV SAFARI

Join a fast-paced excursion through the Arctic tundra on Magerøya, ending up at the North Cape

Port: Honningsvåg Time: 11:10-14:10

Level: 2

Season: Spring, summer, autumn (1 May - 30 Sep)

Winter (1 Oct - 30 Apr) Min/max persons: 4 - 20

Code: HVGN5, Winter: HVGN4





### SNOWSHOEING AND ICE FISHING IN THE ARCTIC

After a short drive from Honningsvåg, put on your snowshoes and set off on an excursion towards the frozen fishing lake.

Port: Honningsvåg Time: 11:10-14:10

Level: 1

Season: 20 Jan - 30 Apr Min/max persons: 4 - 12

Code: HVGN3



Popular excursion!

### THE NORTH CAPE PLATEAU

By bus to the outer edge of Europe, the iconic North Cape plateau.

Port: Honningsvåg Time: 11:10-14:10

Level: 1

Season: All year round Min/max persons: 15 - 420

Code: HVGN1



### KING CRAB EXPERIENCE

Have a close encounter with the king crab as it comes straight from the sea, and enjoy a fantastic crab meal.

Port: Honningsvåg Time: 11:10-14:10

Level: 1

Season: All year round Min/max persons: 2 -140

Code: HVGN2





### BIRDWATCHING NEAR NORTH CAPE

Get up close to puffins, gannets, sea eagles and the bustling birdlife of Norway's largest seabird colony.

Port: Honningsvåg Time: 11:10-14:10

Level: 2

Season: 6 Apr - 6 Sep

Min/max persons: 13 - 97

Code: HVGN6



### **KJØLLEFJORD**

Day 6

### A TASTEFUL AUTUMN VISIT TO THE SAMI

The Sami have always harvested from the Arctic nature. This educational excursion gives you both insight into and a taste of the Sami traditions.

<u>Disembarkation port: Kjøllefjord</u> <u>Embarkation port: Mehamn</u>

Time: 17:00-19:30

Level: 1

Season: 6 Sep - 31 Oct Min/max persons: 8 - 49

Code: KJDN3





### SNOWMOBILING UNDER THE POLAR SKY

This is what an Arctic adventure is like. Zooming across the white expanses in the dark winter evening—or in the spring when the dawning pastel-coloured light embraces the landscape.

<u>Disembarkation port: Kjøllefjord</u> <u>Embarkation port: Mehamn</u>

Time: 16:55-19:00 Level: 2

Season: 15 Dec - 30 Apr

Min/max persons: 4 - 32

Code: KJDN2





### VISITING A SAMI FAMILY

On this excursion you get to see and experience the Nordkyn Peninsula at the top of Norway. You get to be a guest of a Sami family and meet the indigenous people of the North.

Disembarkation port: Kjøllefjord Embarkation port: Mehamn

Time: 16:55-19:00

Level: 1

Season:20 May - 31 Aug Min/max persons: 8 - 49

Code: KJDN1

Join a visit to a Sami reindeer herding family with reindeer on summer pasture on the Nordkyn Peninsula, Europe's northernmost mainland. Around the fire in the great lavvo tent, you can hear stories, experience traditions and learn how Sami reindeer herding and traditions have adapted to the modern world. And outside the reindeer graze.

The Sami, the indigenous people living in the northern parts of Norway, Sweden, Finland and Russia. Sami land, which in Sami is called Sápmi, crosses the formal borders between these nations and forms a separate community of peoples.





### NORTHERN TIP OF EUROPE/ THE ARCTIC DREAM

KIRKENES

Day 7

Top seller!

### SNOWHOTEL KIRKENES

Ice cubes in the glass, of course, but when the table, the chairs, the walls, the counter, the candlesticks, the decor and even the fireplace are made of ice, then it really is a snow hotel! Join us for an unforgettable visit to the hotel where everything is made of snow and ice.

Port: Kirkenes Time: 9:00-12:00

Level: 1

Season: All year round Min/max persons: 1 - 135

Code: KKNB3

As you visit the indoor world of ice, you also get to meet some of the animals that live in the cold polar region. Meet the reindeer which are both draft animals and domestic animals here in the North. Big, wild herds can be found throughout the white expanses and are an important part of Sami life and culture.

After meeting the reindeer, the journey takes us to the ice bar for a cold welcome drink with juice from the wild Arctic crowberry. Next, we visit the huskies, and then a light meal is served on an ice table in a world of ice. You are surrounded by large, beautiful ice sculptures, the walls and windows are made of ice and snow, and while the flower vase might look like it is glass, it is also made of ice.











## KING CRAB WITH A SNOWMOBILE ON THE FROZEN FJORD

This is the toughest winter adventure. Snowmobiles and sledon a frozen fjord and one of the giants of the sea, and get a generous king crab feast after.

Port: Kirkenes Time: 9:00-12:00 Level: 1 (2)

Season: 1 Dec - 20 Apr Min/max persons: 1 - 24

Code: KKNB6



### THE RUSSIAN BORDER

Bus trip to the Russian border with a stop at a war monument and a visit to a bomb shelter.

Port: Kirkenes Time: 9:00-12:00

Level: 1

Season: All year round Min/max persons: 14 - 252

Code: KKNB1



### DOG SLEDDING IN THE ARCTIC

Get on the sled, and allow yourself be pulled across the white expanses by pure dog power, before greeting and petting the dogs in the yard.

Port: Kirkenes Time: 9:00-12:00 Level: 1 (2)

Season: 20 Oct - 20 May Min/max persons: 1 - 40

Code: KKNB4





### KING CRAB FISHING IN A RIB

You get to haul the king crab up from the depths before the RIB takes you back to the quay and the rustic restaurant where you can enjoy a sumptuous meal of white, juicy crab meat.

Port: Kirkenes Time: 9:15-12:15 Level: 1 (2)

Season: 21 Apr - 30 Nov Min/max persons: 2 - 24

Code: KKNB5

The giant crab with its long legs can grow two metres in size from pincer to pincer. The king crab is huge and magical with its dark red, spiky shell, under which hides sweet and juicy white crab meat. You can help pull the giant up from the depths and taste this Arctic delicacy.

We set off in our RIB from the king crab town of Kirkenes and head out to the fjord and the sea. There we will pull up the pots that have been on the seabed to catch the king crab. Get involved and help pull up the king crab.

After the catch has been landed, you will be taken by RIB to a rustic restaurant by the fjord where the king crab is served in the classic Norwegian way. Clean, fresh and with a divine taste from the depths of the sea. Portion sizes are on the generous side, so no one should leave the table hungry.





### SNOWMOBILE SAFARI IN THE ARCTIC

With snowmobile over the snow-covered tundra. You drive yourself, there will be a guide with you.

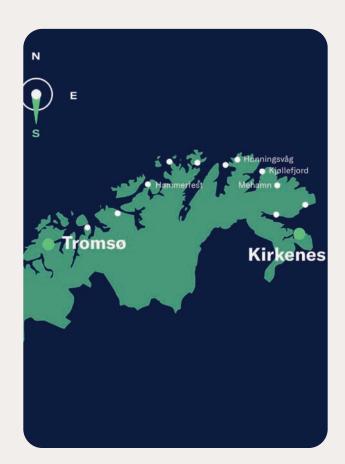
Code: KKNB2

Time: 9:00-12:00 Level: 2 (Read more) Season: 15 Dec - 5 May Min/max persons: 2 - 40

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## **MEHAMN-HONNINGSVÅG**

Day 8





### SNOWMOBILE TRIP IN THE POLAR NIGHT

Get on the scooter and drive into the polar night and out into the wilderness. You drive yourself, but the guide shows the way.

<u>Disembarkation port: Mehamn</u> <u>Embarkation port: Kjøllefjord</u>

Time: 01:20-03:35

Level: 2

Season: 15 Dec - 30 Apr Min/max persons: 4 - 32

Code: MEHS1





Popular excursion!

### BREAKFAST AT THE NORTH CAPE PLATEAU

This will be the northernmost breakfast of your life right on the edge of the European Continent and at the ends of the Earth.

<u>Disembarkation port: Honningsvåg</u> <u>Embarkation port: Hammerfest</u>

Time: 06:00-12:00

Level: 1

Season: 8 May - 7 Oct

Min/max persons: 21 - 252 Code: HVGS1





### TROMSØ-HAMMERFEST

Day 8



## THE BEST OF THE WORLD'S NORTHERNMOST CITY

How is it to live on 70° north? Get the answer and a glimpse of Hammerfest's long story on this excursion.

Port: Hammerfest Time: 11:15-12:35

Level: 1

Season: All year round Min/max persons: 8 - 45

Code: HFTS3







#### Top seller!

## MIDNIGHT CONCERT IN THE ARCTIC CATHEDRAL

Experience a midnight concert in the Arctic Cathedral, which is like a shining white landmark over the Arctic capital, Tromsø.

Time: 24:00-01:15

Level: 1

Season: All year round Min/max persons: 15 - 200

Code: TOSS1

The cathedral is a modern church with the architecture reflecting the Arctic; some people see the cathedral either as an image of the Northern Lights or as icebergs or fishing racks. The inside of the church is characterised by the 140 square metre blue and white glass mosaic that fills the whole altar wall.

You are invited to a midnight concert here. This means that it could be during glorious midnight sun or under blazing Northern Lights, depending on whether you are here in summer or winter.





## CITY WALK AND KNIGHTING CEREMONY IN THE POLAR BEAR SOCIETY

Take a stroll in the Polar Bear-city Hammerfest and become a knighted member of The Polar Bear Society

Time: 11:15-12:35

Level: 1

Season: All year round

Min/max persons: 5 -15 Code: HFTS1



## VESTERÅLEN / LOFOTEN - SVOLVÆR-STAMSUND

Day 9



### A TASTE OF VESTERÅLEN

HARSTAD This tour takes you through Vesterålen's beautiful scenery and exciting history where, among other things, you visit a living medieval farm.

Disembarkation port: Harstad **Embarkation port: Sortland** 

Time: 08:15-12:45

Level: 1

Season: All year round Min/max persons: 16 - 252

Code: HRDS1



### EXPERIENCE LOFOTEN

Bus trip through Lofoten visiting living fishing villages while you see the Lofoten Cathedral and Lofoten art.

Disembarkation port: Svolvær **Embarkation port: Stamsund** 

Time: 18:45-22:15

Level: 1

Season: 9 Apr - 31 Aug Min/max persons: 14 - 252

Code: SVJS4



### BREWERY VISIT AND BEER TASTING

Sample what happens when fresh mountain water from Lofoten combines with malt, hops and yeast to create the taste of Lofoten.

Port: Svolvær Time: 18:45-19:45

Level: 1

Season: All year round Min/max persons: 4 - 45

Code: SVJS3



### A TASTE OF LOFOTEN

Short walk to the experience center with good stories and many tastes of Lofoten's best foods.

Port: Svolvær Time: 18:45-20:15

Level: 1

Season: All year round Min/max persons: 4 - 40

Code: SVJS1





### **GOLFING AT LOFOTEN LINKS**

One of the world's most impressive golf courses! Lofoten Links has been featured in several international golf magazines and has several top positions among the world's best golf courses. (Photo: Jacob Sjôman)

Disembarkation port: Svolvær Embarkation port: Stamsund

Time: 18:45-22:15

Level: 2

Season: 1 May - 20 Aug Min/max persons: 4 - 8

Code: SVJS6



### LOFOTEN - SVOLVÆR-STAMSUND

Day 9



### HORSE RIDING IN LOFOTEN

Ride on horseback and out into nature in the beautiful Lofoten Islands, over white sandy beaches all the way to the sea.

Disembarkation port: Svolvær Embarkation port: Stamsund

Time: 18:40-22:15

Level: 3

Season: All year round Min/max persons: 2 - 16

Code: SVJS5



### SEA EAGLE SAFARI IN A RIB

Full speed across the sea and out into nature in Lofoten - with good hope of seeing the sea eagle.

Port: Svolvær Time: 18:45-20:15

Level: 2

Season: 1 Apr - 8 Sep Min/max persons: 4 - 24

Code: SVJS2





### HIKE BY THE BEST BEACH IN EUROPE

Chalky white sand, iridescent green fields and turquoise seas beneath the wild mountains of the Lofoten Islands. Come on a hike, and enjoy the spectacular views.

Disembarkation port: Svolvær Embarkation port: Stamsund

Time: 18:45 - 22:15

Level: 2

Season: 1 May - 30 Sep Min/max persons: 4 - 45

Code: SVJS8

This trip takes you to two of the best beaches in the Lofoten Islands: Hauklandstranda, which has been named Europe's best beach by Lonely Planet, and Uttakleiva, which many people think is the most romantic beach i Norway because of its combination of fine sand and large rocks.

The beaches are at the far edge of the sea in tiny villages with just a handful of inhabitants. The bus trip goes through the beautiful Lofoten countryside, and you can get out and walk across a low mountain pass between the two beaches. There are spectacular views in all directions, with plenty of opportunity to take snaps of some of Norway's most photographed beaches.





### SEA EAGLE SAFARI IN TROLLFJORDEN

We take a boat trip on the M/S Øykongen, which brings us close to nature and wildlife in the magical Trollfjord. On a bright summer evening, we travel in the hope of encountering the majestic sea eagle.

Disembarkation/embarkation from/to the ship in open sea

Time: 16:30-18:30 (+ 2 hours in Svolvær)

Level: 1-2 suitable for most Season: 23 Mar - 30 Sep Min/max persons: 30 - 65 Code: SVJS7





### **BRØNNØYSUND**

**Day 10** 



### HIKING AT TORGHATTEN

Come along to one of the most distinctive mountains that we sail past on the Havila Kystruten ship: Torghatten, the mountain with a big hole right through it.

Time: 15:15 - 17:15

Level: 3

Season: 1 Apr - 31 Oct Min/max persons: 4 - 45

Code: BNNS1

Torghatten has a naturally formed tunnel in the middle of the mountain, 12–15 metres wide, twice as high and 160 metres long. The hole was formed when the North American and European continental plates collided 600 million years ago, but while science tells us one thing, legends tell us something else.

According to one story, a brute of a troll fired an arrow at a girl who was running away from him. The king in one of the other mountains saw this and threw his hat in between so that the arrow went through the hat. Then the sun rose and as happens in legends, the sunlight turned the trolls to stone, just as it did with the Seven Sisters, the mountain range close to Sandnessjøen.



### THE NORWEGIAN SALMON ADVENTURE

Visit a fish farm, and see salmon swimming around in the cold, clear water.

Time: 15:15- 17:15

Level: 1

Season: All year round Min/max persons: 15 - 45

Code: BNNS2





## EXPERIENCE THE WORLD HERITAGE LISTED VEGA ISLANDS

With speedboat and guide out into the ocean, visit the world heritage Vega and its beautiful nature and history of the locals' relationship with eider ducks..

<u>Disembarkation port: Sandnessjøen</u> <u>Embarkation port: Brønnøysund</u>

Time: 12:00-17:00

Level: 1

Season: 1 Jun - 30 Sep Min/max persons: 15 - 45

Code: SSJS1





## TRONDHEIM-KRISTIANSUND

**Day 11** 



## TRONDHEIM AND THE NIDAROS CATHEDRAL

Tour bus through Trondheim city center and guided tour of Norway's national shrine.

Time: 07:15 - 09:15

Level: 1

Season: All year round Min/max persons: 12 - 294

Code: TRDS1





### EXPERIENCE THE ATLANTIC ROAD

More than eight kilometres of road that winds past the open sea and over skerries and islets. No wonder the Atlantic Ocean Road has been named one of the world's most beautiful roads.

Disembarkation port: Kristiansund

Embarkation port: Molde Time: 16:45 - 21:20

Level: 1

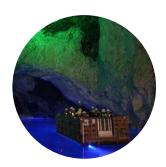
Season: 16 Mar - 31 Oct Min/max persons: 14 - 90

Code: KSUS1

The Atlantic Ocean Road is also a popular place for car commercials, and more recently as the location of a car chase scene for the new James Bond film. We stick to a slower speed so you can enjoy the scenery, and we also make time for photo stops.

After the drive through the scenery, we drive through an undersea tunnel and arrive at Kvernes Stave Church. Stave churches are Norway's most important contribution to European architecture. Kvernes Stave Church is richly decorated with leaf vines over walls and ceilings. The altarpiece and the rest of the church interior is characterised by the exuberant and colourful baroque style of the 17th century.





### THE ATLANTIC ROAD AND BERGTATT MARBLE MINE

Combine the trip on one of the world's most beautiful roads with a visit deep into a marble mine by boat.

Disembarkation port: Kristiansund Embarkation port: Molde Time:16:45 - 21:20 Level: 1

Season: 1 Nov - 15 Mar Min/max persons: 20 - 150

Code: KSUS2

